

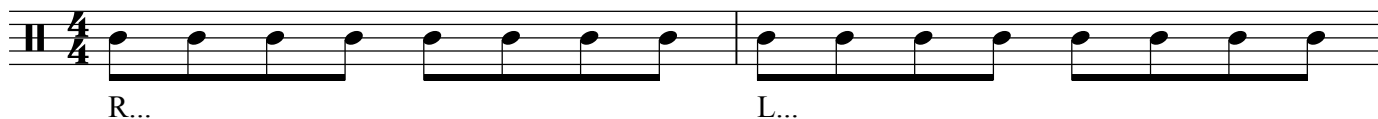
# Eight on a Hand

with Progressive and Regressive Double Stops

Practice as written and repeating every two measure phrase

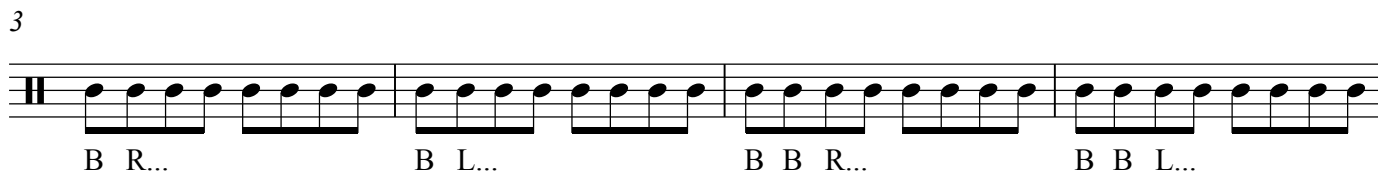
Jared O'Leary

3



R... L... L... R...

7



B R... B L... B B R... B B L...

11



B B B R... B B B L... B... R... B... L...

15



B... R R R B... L L L B... R R B... L L B...

19




B... R B... L B... B... B...

23



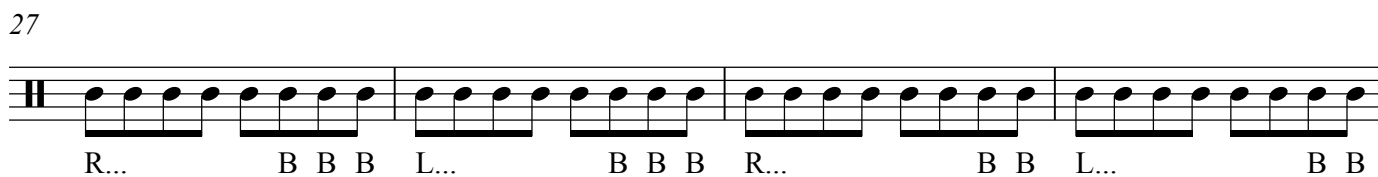
R B... L B... R R B... L L B...

27



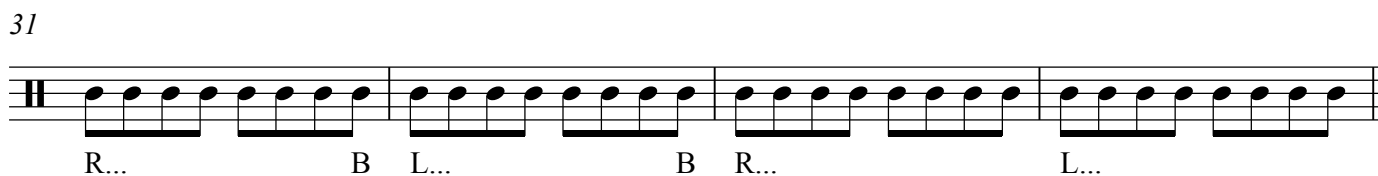
R R R B... L L L B... R R R R B... L L L L B...

31



R... B B B L... B B B R... B B L... B B

35



R... B L... B R... L...