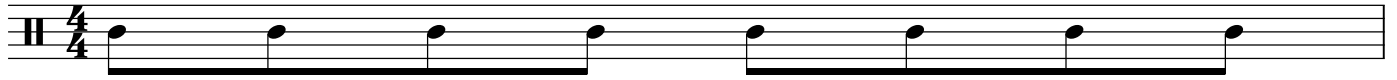


Progressive and Regressive 16th Timing

Practice with the following sticking playing each measure twice:
All on R, L, and B; Alternating off the R and L; R lead L fill, L lead R fill

Jared O'Leary



2



4



6



8



10



12



14



16

